

NMTS Policy

Topic: Ride Rating Guidelines

Date: April 1995

Revised: March 2017

Policy:

- The goal of the Ride Rating System is to create rides in which the majority of the riders can ride as a group over most of the route. The system allows a potential participant to fairly evaluate whether or not they have the conditioning or the interest in a specific ride. Rides rated “All Paced” allow for multiple pace categories within the ride.
- NMTS does not require or expect an event to be physically accessible to all members. An event should be tailored to the ride leader’s interest. This approach ensures the most enjoyable experience for everyone. The club has now grown to such a size that a wide range of abilities and interests can be found among our members. The challenge is to place like-minded individuals together so that the full potential for group cycling can be experienced by everyone.
- It is the ride leader’s responsibility to ensure that everyone returns safely from a ride. Therefore, the leader determines the rules for participation, including pace and fitness requirements. A ride tailored to the leader’s interests means that sweeping the course allows the leader to ride at the planned pace while keeping an eye out for the other riders.
- The ride planning process is not foolproof and there is always the possibility that a member will show up for a ride that doesn't match their fitness or skill level. A properly prepared-for ride allows the leader to remind a member that a match does not exist and that their safety may not be guaranteed if they choose to participate. NMTS values everyone's participation but only in events in which an individual can safely and enjoyably participate.
- As a courtesy to the leader and other riders, make sure that you have the skill and ability to keep up with the group at the posted pace.